



10th Youth Leadership PROGRAM

YOUTH LEADERSHIP PROGRAMME

(YEAR 2022-2023)

Teacher's Name : Ms. Imaniya & Ms Rayees Unnisa

Class & Section : Year 1B

Year Level : Key Stage 1





TOPIC

**“GO GREEN LIVE CLEAN! -
WITH ORGANIC HERBS!!!
(HAVING A GARDEN IN THE SCHOOL)**



ACTION PLAN:



The Next Generation School
Nuaija Campus
AY: 2022-23

Action Plan

Topic: Go Green Live Clean! - With Organic Herbs!!! (Having a Garden In the school)

Goal: To encourage and promote 'Herbal Garden in schools' by integrating Qatar Vision 2030 "Modernization and Preservation of Traditions with Environmental Management" and SDG 3, 12, 15.

- To inculcate a sense of familiarity from childhood with surrounding biodiversity and its conservation, especially herbal plants.
- To educate schoolchildren in identifying different types of herbs and their uses including growing them in a gardens.
- To encourage students to use herbs in food and
- To popularize the usefulness of commonly available and frequently used herbal plants ailments and to conserve the associated traditional treatment for future generations, in a fun and practical way.

The Youth Leadership Programme theme this year is "Explorers and Investigators." As one of the highlights of the program, students are encouraged to explore, expand, experiment, and investigate Herbal Plants and their benefits in different ways. Our research will focus on promoting United Nations Sustainability Development

- **SDG 3:** Ensure healthy lives and promote wellbeing for all at all ages
- **SDG 12 :** Ensure sustainable consumption and production patterns
- **SDG 15:** Life on land

Moreover, the topic about Herbal Garden In School will help each child to become aware and be responsible citizen. Considering being responsible as one of the main qualities possessed by a leader, students are assigned to different tasks to research and investigate. Rooting from here, students will display facts and current issues and will do observations, experiments, surveys and interview.

BIG QUESTION & SURVEYS:

- 1) Why are herbal Plants important?**
- 2) Why do you think growing herbal plants are best although we have advanced medical system?**
- 3) How can we meet global challenges to save herbal plants? Think Green!**
- 4) What kind of diseases can be cured/treated by simple home remedies with herbal plants and other organic plants in our own garden?**
- 5) Simple and fascinating experiments to show the different process with related to plants-Green life and it's important.**
- 6) Do we really support Qatar Local Market by having an organic herbal garden at own pace?**
- 7) How can we promote Qatar Vision 2030- Go Green: Think Green with organic plants?**

**Report –Youth Leadership Programme
AY 2022-2023**

Topic	“Researchers and Investigators- “Go Green- Live Clean : With Herbs!!!”
Goal	Promoting United Nations Sustainability Development Goal
Focused SDG (S)	<ul style="list-style-type: none"> • SDG3: Ensure healthy lives and promote wellbeing for all at all ages • SDG 12 : Ensure sustainable consumption and production patterns • SDG 15: Life on land <p>(Integrating Qatar National Vision 2030 “Modernization and Preservation of Traditions with Environmental Management”.)</p>
Highlights of the Programme	<ul style="list-style-type: none"> • To inculcate a sense of familiarity from childhood with surrounding biodiversity and its conservation, especially herbal plants. • To educate schoolchildren in identifying different types of herbs and their uses including growing them in a gardens. • To encourage students to use herbs in food and • To popularize the usefulness of commonly available and frequently used herbal plants ailments and to conserve the associated traditional treatment for future generations, in a fun and practical way. <p>Students are encouraged to explore, expand, experiment, and investigate Paper Waste Management linked to environmental issues and global challenges.</p>
Timeline	7th November, 2022 to 6th April, 2023
Year Level & Campus	Key Stage 1 (Section B) - Nuaija Campus
Supervisor	Ms. Ayesha Saad Osmani
Teacher(s)	Ms. Imaniya Muzammil & Ms. Rayees Unnisa
Participants	Students Of Class 1B

Procedures

<p>Key Concept 1:</p> <p>What is Organic Herbal Gardening?</p> <p>Can we identify different types of herbs, medicinal Spices and their uses including growing them in a gardens?</p>	<p>1. Brainstorming</p> <p>We asked the students to share their ideas for the research topic. They gave following topics:</p> <ol style="list-style-type: none"> 1. Enjoy having our own Garden! 2. Paper usage in Qatar. 3. Plastic recycling. 4. How to save Earth? 5. Growing Plants <p>*Aligned with our Science Fair Projects- By student's choice and discussions with Heads, we finalized the topic of Go Green Live Clean! - With Organic Herbs!!!</p> <p>Various big questions were discussed with learners, and we finalized the following (Refer to the big question section in the report)</p>
<p>Key Concept 2</p> <p>What are the key benefits of having an Herbal Garden:</p> <p>SDG: 12 Responsible Production and Responsible Consumption</p>	<p>(Focusing on BIG QUESTION)</p> <p><u>Activities. Observations. Discussions and Exploration:</u></p> <p>Students were able to find out more facts and information from their observations and exploration;</p> <ul style="list-style-type: none"> • Exercises and questionnaire were done in class and on line. (To emphasize the Important of Herbs and Spices) • Online Videos and a Documentary was played (Herbal Gardening Effects in Qatar) • Learners were given hand on activity- Herbs and Spice Checklist in their Kitchen. • Learners were engaging with How to grow organic Herbs and Spices to make preparation for our Own Garden Set up. •
<p>Key Concept 3</p> <p>Community Engagement align with Qatar Vision 2030!</p>	<p>Learners were engaged within 3 different communities to explore, enlighten, excel in their project and create an awareness to their community to enhance and integrate Qatar National Vision 2030 “Modernization and Preservation of Traditions with Environmental Management”.</p> <ul style="list-style-type: none"> • Community Engagement 1- Lulu Hypermarket • Community Engagement 2- Dr Reshmi (Remedy Ayurveda)

	<ul style="list-style-type: none"> • Community Engagement 3- Qatar Leadership Academy <p>A special thanks to our Stakeholder Ms Aamna Tajamal Abbasi (Parent of Year 1B) for conducting interactive awareness session.</p>
<p>Key Concept 4</p> <p>Final Presentation 6th April 2023 Class 1B</p>	<p>Final Presentation- Raising Awareness in 10th YLP Anniversary celebration</p> <ul style="list-style-type: none"> • MODELS • AWARENESS POSTER <ul style="list-style-type: none"> ✓ Herbal Benefits ✓ Modern Medicine Vs Herbal Medicine ✓ All about Herbs and Spices ✓ Important of preserving Traditions- With Herbs • VIDEO PRESENTATION (Final Video) • Gifting the Herbal garden to Science Department of the school to use them in lessons and get benefit through practically. • Harvest/product of those Herbs will be donated to all the staff members including ancillary staffs of the school for their healthy diet.
<p>Learning Outcome</p>	<p>The topic about Herbs will help each child to become aware and be responsible citizen. Considering being responsible as one of the main qualities possessed by a leader, students are assigned to different tasks which made them;</p> <ul style="list-style-type: none"> • to improved their critical thinking and shown incredible improvement in expressing their ideas more confidently. • They were reflective and engaged in all the activities with related to YLP surveys. • Each child has given full effort to carry out their research and acted as a Responsible global citizen.

Best Clicks and Links



We Explored!

We Expand!



Our own Herbal Garden in the school!

An organic herbal garden set up by the students of the year 1B as a part of our YLP Project has been gifted to Science Department of the school with respect to have practical session during any lessons.

The products/harvest of those plants will be utilized by school members as a charity.

Final Video Links

Flip grid Link -
YouTube Link-

SUPPORT DOCUMENTS:

1) PICTURES DURING PROCESS



2) PICTURES OF COMMUNITY ENGAGEMENT



Community Engagement with Lulu Hypermarket-In order to create an awareness in the community about the importance of herbs and spices in our diet, Year 1B visited Lulu Hypermarket- D Ring Branch to explore more on herbal products (Fresh and processed).

Community Engagement with Qatar Leadership Academy.

To develop an understanding of the uses and effects of medicinal plants, including herbal supplements.



Community Engagement with Dr Reshmi-Remedy Ayurveda Centre-Duhail

To enlighten our young minds about the significance of herbs & ignite their minds to use herbs in their diet as well as resort to herbal medicine for any ailments with an interactive practical session.


3) SNAPSHOTS OF FINAL VIDEO:



PARENTS' FEEDBACK



YLP - STUDENTS REFLECTION ANALYSIS



TNG School, Nualia Campus
Event Evaluation Form Analysis- KS1
AY: 2022-23

Teacher: Ms Imaniya & Ms Rayees
Event date: 6th April, 2023

Event Name: Youth Leadership Program Class: 1B Total reflections received: 21

Q1. The event was well organized.			
Excellent	Very good	Good	Needs improvement
18	3		

Q2. Did you enjoy?	
Yes	No
21	

Q3. Do you think the planned activity/activities enable you to gain knowledge and skills?

Yes	No
21	

Q4. Out of scale of 1-3 what would you overall rate this event?		
1 Excellent	2 Good	3 Satisfactory
20	1	

Report as per above analysis: Learners enjoyed the Event throughout and and each activity we planned gave them a good source of knowledge.