**Youth Leadership Programme (YLP)**

**Framework 2023 - 2024**

**Appendix 1**

**Proposal Template**

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| **Year Group** | **XI – C** |
| **Cooperating Teacher(s)** | **Ms Ailyn Sungcaya** |
| **Mentor(s)** | **Naveera Shiraz**  **Haleemah Owais** |

**Project Idea/ Big Question**

Teaching women basic self-defence

**Project Name**

Women’s right to defend themselves in Qatar

**Project Summary (must not exceed 50-75 words)**

We aim to explore the provisions within Qatari law that empower women with the right and freedom to defend themselves. This will involve engaging with the Women Police Station to discuss security and women's rights. Moreover, we plan to organize self-defense sessions for girls’ class following our participation in a Taekwondo class, promoting practical skills and awareness of personal safety.

**Objectives**

Through a self-defence training that provides awareness and effective tactics for responding to possible dangers and threats, we can provide women with the knowledge and skills they need to ensure their personal safety.

**Target**

Women or girls in school

**Time Duration, Structure and Flow**

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| **Timeline** | **Events/Activities** | **Description** |
| December  (2nd and 3rd Week) | Start contacting Police Stations and dojo activities. | We will reach out to them and request that they schedule a session for 4-5 students from our class so that we can observe and learn from them. |
| January  (2nd Week) | Attend sessions | Then, we will participate in sessions encompassing the interviewing of police officers and understanding the basics of Taekwondo. |
| January  (4th Week) | Conduct sessions in school. | We will next put our knowledge into practice and teach the girls at our school how to do basic self-defence in potentially threatening situations. |

**Community engagement:**

We will engage with the Female Police and the Dojo Activity Heads for learning and the female student body for implementing.

**Parent engagement**:

We can conduct a survey among the parents asking them to evaluate the female rights in Qatar over the years. Furthermore, we will forward our understandings and learnings in the form of pictures and posters for the parents to be acquainted with.