

Name:			
Date:			

- I. Write T for true statement and F for false.
 - a) What is a baby butterfly called?CaterpillarEgg
 - b) What do baby birds need from their parents that they can't do themselves?SingEat
 - c) What happens to a tadpole before it becomes a frog?It loses its tailIt loses its eyes
 - d) Which of these animals does not lay eggs?ChickenDog
 - e) Which type of teeth help in tearing food?CanineIncisor
 - f) Which of these is an exercise?SleepingPlaying football



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g) Which part of the body gets stronger when you exercise?
Muscles
Nose

- h) How many teeth does an adult human have?60 teeth32 teeth
- i) How many times should you brush your teeth to keep it clean and healthy?
 Once in a week
 Twice in a day
- II. Write T for true statement and F for false.
 - a) The giraffe looks similar to zebra because both have long necks. _____
 - b) Animals that have hair or fur are called mammals. _____
 - c) A young penguin is called a calf. _____
 - d) A young elephant is called a chick. _____
 - e) Eating lots of chocolate makes your teeth unhealthy. _____
 - f) Your heart is a muscle. _____

III. What happens when we exercise?







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Circle the best option.

AT REST		AFTER EXERCISE	_
a) Heart Bea	t	Heart Beat	
Fast	Normal	Fast Normal	
b) Skin		Skin	
Cool	Warm	Cool Warm	
c) Breathing		Breathing	
Slow	Fast	Slow Fast	

IV. Draw a healthy meal for yourself.

Keep in mind 'Eat lots', 'Eat some' and 'Eat little'.

Lots - any three food items

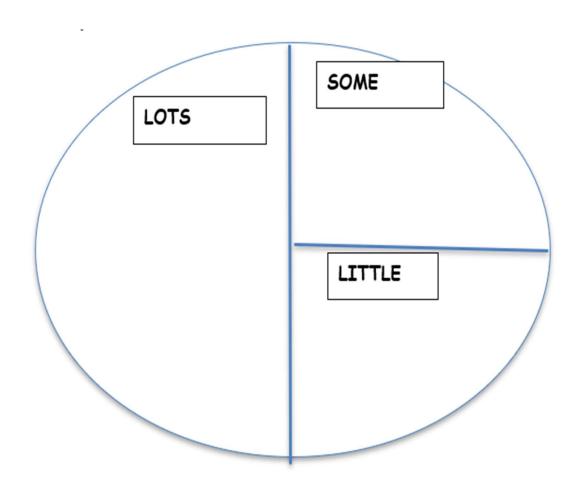
Some - any two food items

Little - any one food item



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V	Can you name	three main	types of	teeth and	tits function
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