

Notes for Bobsleigh Mind map

Bobsleigh

Travel as fast down course as possible – try not to crash.

Course = turns, loops and straights; ice-covered, concrete half-pipes; 1,200-1,300 m long.

Wear Lycra suits – light and tight fitting. Helmets and goggles for protection.

Spike boots – grip and speed.

Teams of 2-4. Front person steers, back person brakes.

Bob made from fibreglass – makes strong and safer.