

Day 1: Have an idea of the length of 15, 30 and 60 seconds.

Show children a large stop-clock or clock with a second hand. This hand takes one minute to move round the clock. Explain that there are **60 seconds in one minute.**

Wait until the second hand is at the top and count as it moves, saying 1 second, 2 seconds, 3 seconds and so on until 21, then just say 22, 23, etc. until 60.

Repeat counting for 60 seconds, but this time, turn the clock away from the children. Discuss how far out you were as a class.



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Ask children to count **15 seconds** in their head, and put up your hand when 15 seconds has passed. Shout Stop! when 15 seconds are up. Who has already put up their hand? Repeat for 30 seconds.

Ask children to estimate how many letters of the alphabet they could write in 30 seconds. Children write as many letters as they can on their whiteboards whilst you use the stop-clock to time 30 seconds.

Discuss how the actual number of letters written compare with the estimates.

