

Why is Personal Hygiene Important?

In the boxes below, write down everything that you know and have found out about the importance of personal hygiene. What is personal hygiene? How can we stay clean and safe? Why is personal hygiene important?



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Disclaimer: The nature of this resource requires independent, child-led research. It is advisable to use only pre-selected, child-appropriate sources of information and websites that are appropriate to their age. Please also be aware that there may be aspects of a topic or individual's life which may be controversial or upsetting to some. Due to this, we highly recommend that you carefully consider all research activities before undertaking them with children.