## True or False Quiz on the Heart

Are the statements below true or false?

	Statement	True	False
1	Your heart is approximately the size of your fist.		
2	Laughter has no real effect on your heart.		
3	Hearts beat faster in children than adults.		
4	You cannot live more than 5 minutes without a beating heart.		
5	It takes 60 seconds for blood to travel to your toes and back to your heart when you are resting.		
6	Octopuses have 3 hearts.		
7	Your heart is the second hardest working organ in your body.		
8	The average heart in an adult beats around 70 beats per minute.		





## True or False Quiz on the Heart Answers

	Statement	True	False
1	Your heart is approximately the size of your fist.	X	
2	Laughter has no real effect on your heart.		X
	False: Laughing causes your ventricle walls to relax and 20% more blood to be sent through your body.		
3	Hearts beat faster in children than adults.	X	
4	You cannot live more than 5 minutes without a beating heart.	X	
5	It takes 60 seconds for blood to travel to your toes and back to your heart when you are resting.  False: It only takes 16 seconds.		X
6	Octopuses have 3 hearts.	Х	
7	Your heart is the second hardest working organ in your body.		Х
	False: It is the hardest working organ in your body.		
8	The average heart in an adult beats around 70 beats per minute.	X	



