

**Science - Year 2**

Animals incl. Humans – Block 2AH

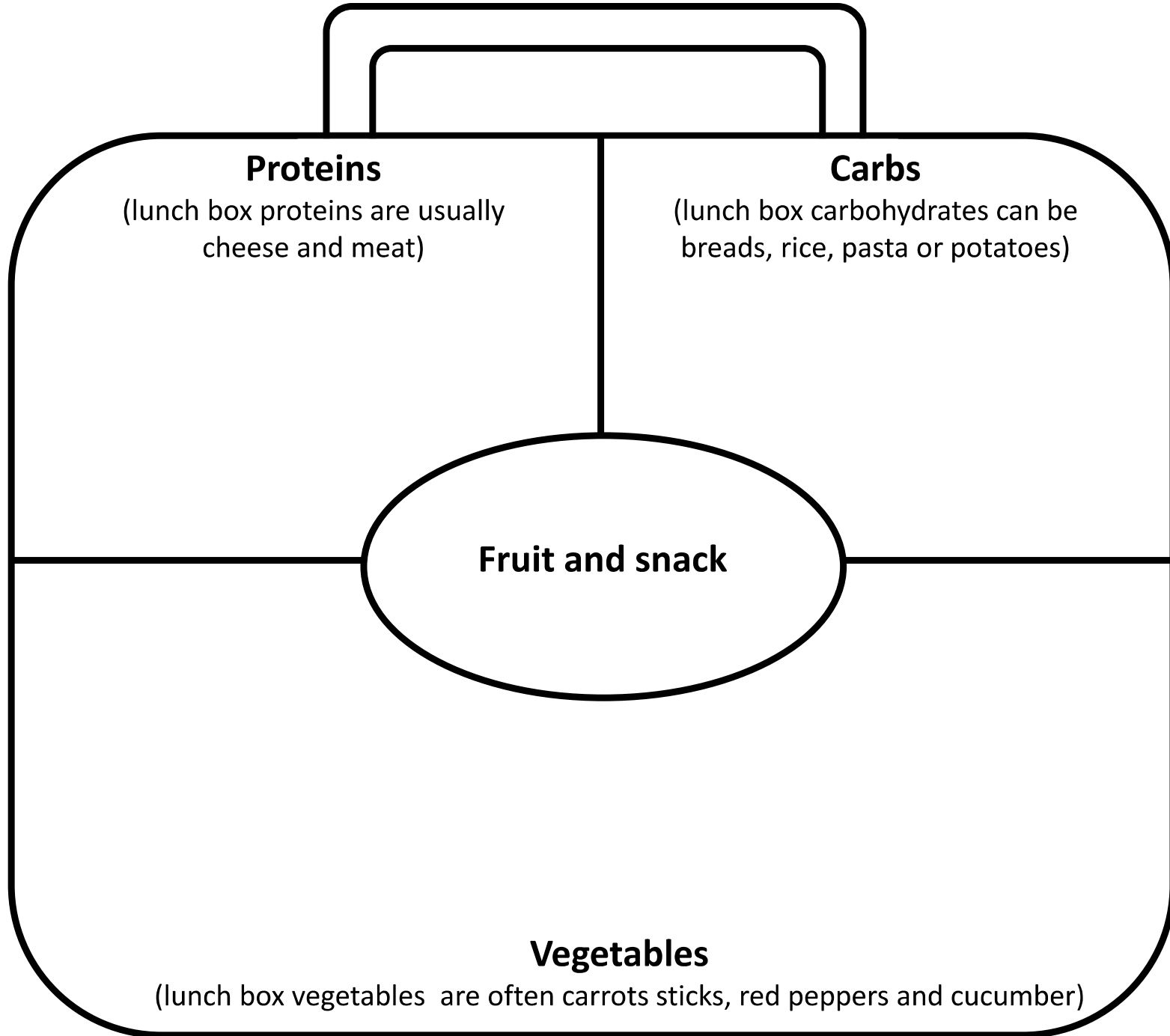
# **Healthy Animals**

Session 5

Resource pack

# What foods do all these healthy lunch boxes have in common?





**Proteins**

(lunch box proteins are usually cheese and meat)

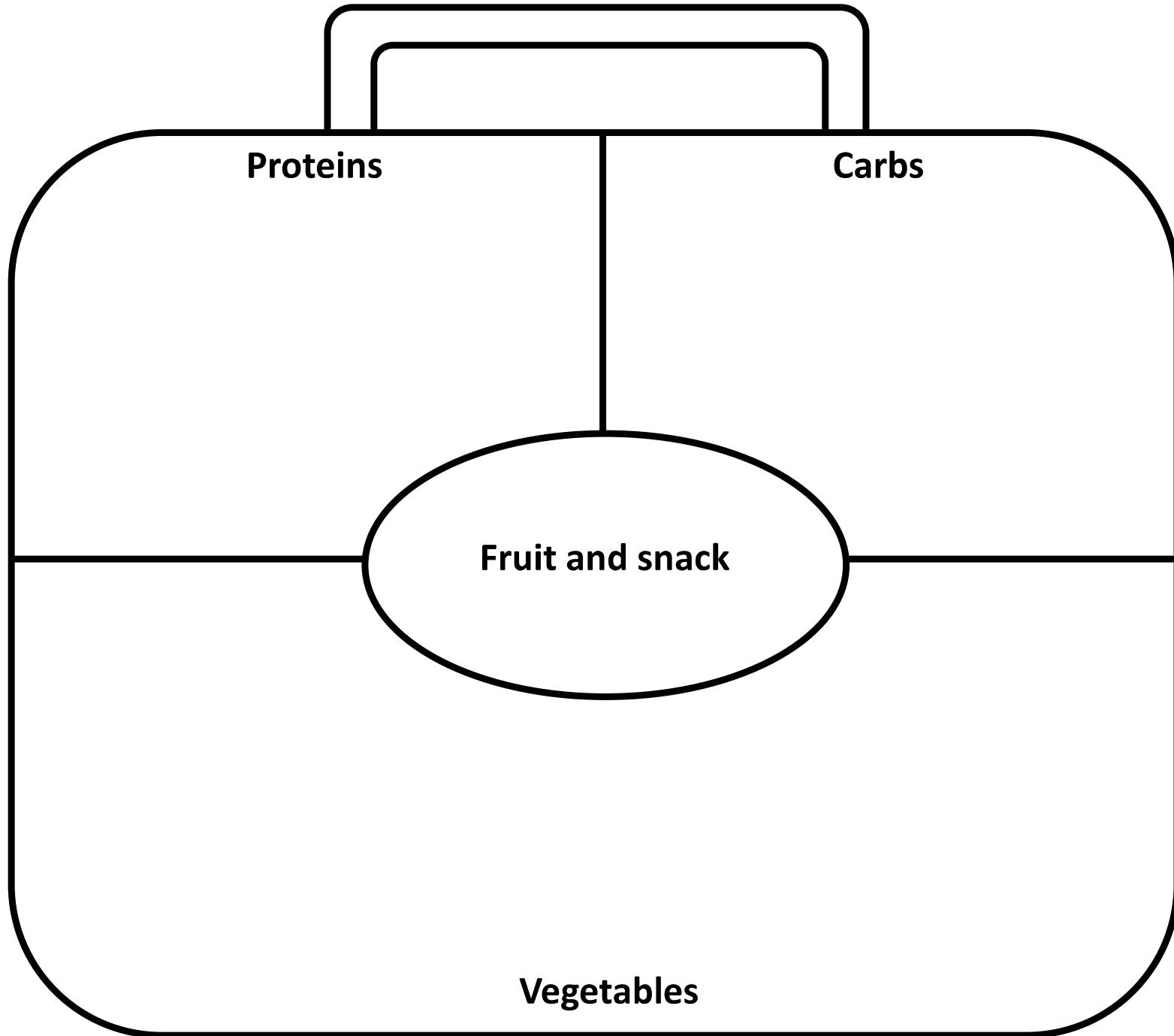
**Carbs**

(lunch box carbohydrates can be breads, rice, pasta or potatoes)

**Fruit and snack**

**Vegetables**

(lunch box vegetables are often carrots sticks, red peppers and cucumber)



Can you cut these out and stick them on the lunch box?

